



Fitness Fun Time



Children's Fitness Classes

Where?

**Yorba Linda
Community Center**

When?

Tuesday's 9:15-10:00

April 13th- June 8th

OR

Thursday's 1:00-1:45

April 15th – June 10th

Cost?

\$74 – 9 weeks

Questions?

**Visit us on the web:
Fitnessfuntime.com**

or

E-mail:

**Kellipalmer
@fitnessfuntime.com**

During the fun-filled 45 minute class, children will do multiple activities focused around age appropriate exercising. Boys and girls will enjoy sport skills, aerobic activity and basic body/nutrition education.

Please register through the Yorba Linda Community Center, registration starts March 1st, 2010.

Instructor: Kelli Palmer
Certified Children's Fitness Instructor
Certified Children's Nutrition Specialist
CPR Certified

**Space is limited,
register early!!**

- AGES 4-6 YEARS
- PHYSICAL FITNESS
- TEAMWORK
- BODY SYSTEMS & NUTRITION

*This program is not affiliated with the school
or the PYLUSD school district.*

*The school district does not endorse or
sponsor this activity.*